

MYSTERY AND ORIGIN OF THE MAYA

The Cacao Rute

States:
Tabasco · Chiapas

Duration:
3 days- 2 nights
Villahermosa, Comalcalco, Paraíso, Comalcalco,
Villahermosa

Day 1 (Villahermosa, Comalcalco, Paraíso, Comalcalco, Villahermosa)

Transfer from Villahermosa to Comalcalco. Approximate time: 1 hour

In Comalcalco we will visit Hacienda Jesús María's cacao farm. Here you will see and participate in the harvest, cleaning and drying of the cacao seeds; you will learn how the plants of Creole cacao are grafted and will take a workshop where you will learn the recipe for making traditional chocolate and other chocolate-based dishes. Afterwards you will visit CACEP chocolate factory located in the same hacienda. There is a store where you will be able to choose from a wide selection of products all made from Creole Cacao and fruits grown in the Hacienda. Approximately 3 hours.

Transfer from Comalcalco to Paraíso. Approximate time: 25 minutes

In Paraíso you will take a barge in order to learn all about the flora and animals that live in the mangroves of the area. You will also see harvest of oyster and blue crab. Approximately 1 hour.

Afterwards you can eat at one of the many seafood restaurants located in the Paraíso Gastronomical "Plaza." Here you will find for your culinary delight typical dishes such as: smoked oysters al tapesco (grilled over a bed of green palm leaves), fish in chirmol sauce" (resembles the red pipián of central México), fish cooked with chiltepin chiles, and blue crab with mojo de ajo sauce (garlic sauce) and so many other specialties of this area.

Transfer from Paraíso to Comalcalco. Approximate time: 25 minutes

Visit Comalcalco Archeological Zone. Approximate time: 1 hour.

Transfer from Comalcalco to Villahermosa. Approximate time: 1 hour

We recommend an evening visit to Horchatas la Catedral where you will be able to refresh yourself with one of their special aguas frescas such as horchata (traditional refreshing drink) pozol, a drink that originated in pre-Hispanic times, fruit shakes and Eskimos a very cold milk based drink.

Day 2 (Villahermosa, Nacajuca, Jalpa de Méndez, Tuxtla Gutiérrez).

Transfer from Villahermosa to Nacajuca. Approximate time: 30 minutes.

We will follow the route of Biji Yokot'an the area between Nacajuca and Jalpa de Mendez. This last entity is approximately 15 minutes away from Nacajuca. Here you will be able to buy crafts such as carved gourds that can be used for drinking pozol; we will visit traditional kitchens within the chontal community and try some of their typical dishes such as pejelagarto -freshwater gar. You will also see how cigars are made traditionally. Our last visit will be to La Encantada turtle farm. Approximate time 3 hours.

Transfer from Jalpa de Mendez to Tuxtla Gutiérrez. Approximate time 5 hours

We recommend that in Tuxtla Gutiérrez you dine at the typical restaurant "Las Pichanchas" where you will savor regional dishes in a traditional Chiapanec atmosphere.

Day 3 (Tuxtla Gutierrez, Zinacatlán, San Cristobal de las Casas, Tuxtla Gutierrez)

Transfer from Tuxtla Gutiérrez to Zinacatlán. Approximate time: 1 hour

Here you will participate in a regional cooking class at Casa del Artesano where women from the community will teach you how to prepare the traditional dishes of the area. Approximate time: 3 hours

Transfer from Zinacatlán to San Cristobal de las Casas. Approximate time: 20 minutes

We will visit the Mercado de Dulces -candy market where you will find an incredible variety of sweets so typical of this region. This will be followed by a visit to the Amber Museum where you will feast your eyes on a collection of more than 350 pieces and where you will learn all there is to know about this precious stone. The museum has its own store should you want to purchase jewelry or other items.

Transfer from San Cristóbal de las Casas to Tuxtla Gutiérrez. Approximate time: 1 hour

In the afternoon you can visit the coffee museum where you will learn everything about coffee production in Chiapas. The visit will conclude with a coffee tasting in-situ.

MYSTERY AND ORIGIN OF THE MAYA

The Cacao Route

States:
Tabasco · Chiapas

Duration:
5 days- 4 nights
Villahermosa, Comalcalco, Paraíso, Comalcalco,
Villahermosa

Day 1

Transfer from Villahermosa to Comalcalco. Approximate time: 1 hour

En Comalcalco we will visit the Hacienda Jesús María's cacao farm. Here you will see and participate in the harvest, cleaning and drying of the cacao seeds; you will see how the plants of Creole cacao are grafted and you will participate in a workshop that teaches how traditional chocolate is made as well as learning other dishes. Afterwards you will visit CACEP chocolate factory located in the same hacienda. There is a store where you will be able to choose from a wide selection of products all made from Creole Cacao and other fruits grown in the Hacienda. Duration: Approximately 3 hours.

Transfer from Comalcalco to Paraíso. Approximate time: 25 minutes

In Paraíso you will take a barge in order to learn all about the flora and animal that live in the mangroves of the area. You will see a harvest of oyster and blue crab. Approximately 1 hour.

Afterwards you can eat at one of the many seafood restaurants located in the Paraíso Gastronomical "Plaza". Here you will find for your culinary delight typical dishes such as: smoked oysters al tapesco (grilled over a bed of green palm leaves), fish in chirmol sauce" (resembles the red pipián of central México), fish cooked with chiltepin chiles, and blue crab with mojo de ajo sauce (garlic sauce) and so many other specialties of this area.

Transfer from Paraíso to Comalcalco. Approximate time: 25 minutes

Visit of the Comalcalco Archeological Zone. Approximate time 1 hour.

Transfer from Comalcalco to Villahermosa. Approximate time: 1 hour

We recommend an evening visit to Horchatas la Catedral where you will be able to refresh yourself with one of their special aguas frescas such as horchata (traditional refreshing drink) pozol, a drink that originated in preHispanic times, fruit shakes and Eskimos a very cold milk based drink.

Day 2 (Villahermosa, Nacajuca, Jalpa de Méndez, Tuxtla Gutiérrez).

Transfer from Villahermosa to Nacajuca. Approximate time: 30 minutes.

We will follow the route of Biji Yokot'an the area between Nacajuca and Jalpa de Mendez. This last entity is approximately 15 minutes away from Nacajuca. Here you will be able to buy crafts such as carved gourds that can be used for drinking pozol; we will visit traditional kitchens within the chontal community and you will be able to taste regional dishes. In the Handcraft Plaza you will be able to purchase crafts made from clay, palm and rattan palm.

In Jalpa de Méndez will see how they carve the gourds used to drink pozol; afterwards we will visit the Encantada, a turtle farm where you will learn everything about these animals and their reproduction at this UMA. After we have finished our visit we will eat at their restaurant and delight ourselves with some of the typical dishes of this region such as: pejelagarto-fresh water gar and turtle prepared in different manners. After this delicious tasting we will visit the cigar factory Don Pepe where we will witness the process for making cigars in a traditional manner.

Transfer from Jalpa de Méndez to Villahermosa. Approximate time: 45 minutes

Día 3: (Villahermosa)

Transfer from Villahermosa to Tuxtla Gutiérrez. Approximate time: 4 hours

As soon as we arrive in Tuxtla Gutiérrez we will visit the ZOOMAT where you will see the unbelievable diversity of animals native to Chiapas living in their natural environment. Amazingly some like the guageuges, spider monkey, howler monkey, deer and great curassow roam freely in this protected area. At the end of the visit we will refresh ourselves with a cool drink of pozol.

We recommend that in Tuxtla Gutiérrez you dine at the typical restaurant “Las Pichanchas” where you will savor regional dishes in a traditional Chiapanec atmosphere

In the afternoon you can visit the Regional Museum of Anthropology and History of Chiapas and Dr. Faustino Miranda Botanical Garden that are next to each other.

Day 4: (Tuxtla Gutierrez, Zinacantán, San Cristóbal de las Casas, Tuxtla Gutiérrez)

Transfer from Tuxtla Gutiérrez to Zinacantán. Approximate time 1 hour.

Here you will participate in a regional cooking class at the center Casa del Artesano where women from the community will teach you how to prepare the traditional dishes of the area. Approximate time: 3 hours

Transfer from Zinacatlán to San Cristobal de las Casas. Approximate time: 20 minutes

We will visit the Mercado de Dulces -candy market where you will find all the incredible variety of sweets so typical of this region. This will be followed by a visit to the Amber Museum where you will feast your eyes on a collection of more than 350 pieces and where you will learn all there is to know about this precious stone. The museum has its own store should you want to purchase jewelry or other pieces.

Transfer from San Cristóbal de las Casas to Tuxtla Gutiérrez. Approximate time: 1 hour

Day 5 (Tuxtla Gutiérrez, Ocosingo, Tuxtla Gutiérrez)

Transfer from Tuxtla Gutiérrez to Ocosingo. Approximate time: 3 hours

In Ocosingo we will visit the Laltic Ranch where we will see the elaboration process for the queso bola round ball cheese of Ocosingo. This will start with the milking of the cow until the end product and a tasting of cheese and regional dishes all at the ranch.

Transfer from Ocosingo to Tuxtla Gutiérrez. Approximate time: 3 hours

In the afternoon you can visit the coffee museum where you will learn everything about coffee production in Chiapas. The visit will conclude with a coffee tasting in-situ.